

Rausu Onsen Nature Trail

For enjoying the beauty and transitions
of Shiretoko's forest through the seasons

This trail is in the Yu-no-sawa area at the entrance to Shiretoko National Park. About 400 meters of the trail in the forest from the entrance to the Rausu River is a boardwalk. From the dam on the Rausu River to Kuma-no-yu there are up-down sections and steps.

- Walking time: About 70 min. from the entrance to Kuma-no-yu.
- Distance: About 1.3 km each way.
- Parking **P**: No charge
- Parking areas: At Yu-no-sawa & Kuma-no-yu
※Closed during winter.

Bring clothing and equipment that lets you easily
respond to changes in weather conditions.

- Rainwear
- Long sleeves
- Long pants
- Hat
- Gloves

Precautions against
bears are a must!

Wear a bear bell, and
make bear spray easily
available when needed.

- Items good to have:
- Insect repellent
 - hand towel

Trekking shoes
(Rubber boots best for spring)

Shiretoko is a bear habitat

To avoid bear encounters:

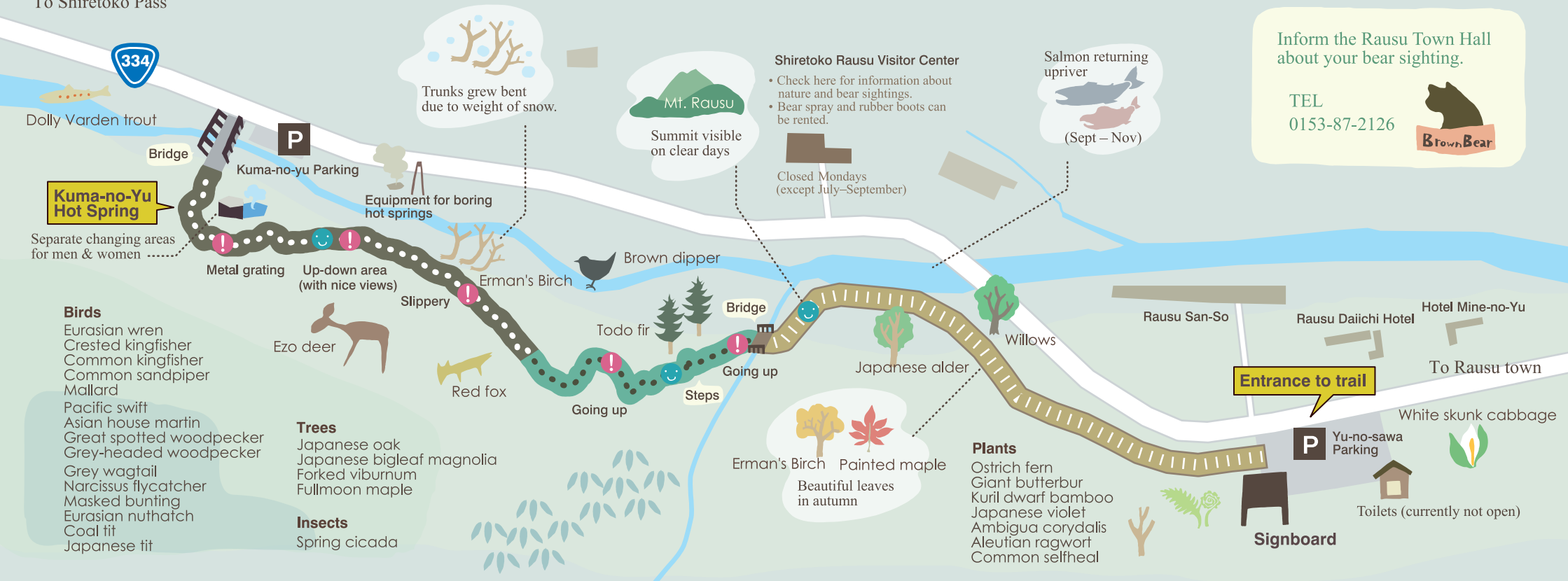
- Check information about bear sightings.
- Stay aware of your surroundings.
- Make sounds (with bells etc.) to alert bears of your presence.
- Have bear spray with you.

If encountered:

- Do not surprise the bear.
- Leave quietly.
- Do not run.



To Shiretoko Pass



Inform the Rausu Town Hall
about your bear sighting.

TEL
0153-87-2126



Rausu Town Hall

0153-87-2111
<https://www.rausu-town.jp/>

Issued March 2026